

Recent News

HCC's AGM and Chinese New Year Celebration

Party on 02.02.2020 HCC's Management Committee hereby announces to all full members of HCC (Chinese residents currently living in Haringey) that our annual AGM will be held on the **2nd February 2020** (Sunday), taking place at **12:30pm** at China City Russell Square. AGM's Notice letter and nomination Form will be sent out separately before 5th of January to all full members in Haringey. ***Please note: Voting in the AGM is for full members in Haringey only.** On the same day, we are also holding the Chinese New Year Celebration Party for our members. **Any FULL members** (at least 2 years membership with us) who are **75 years or above are the Priority** to receive a **FREE meal** (40 tickets); members who are **65 years or above** will be charged half price, i.e. paying **£12.50 each** (40 tickets). **Registration date** for free and half price tickets will start from **08.01.2020 at 10.30am** (first come first serve, until full).

Full members must come personally to our Centre to register with the proof of age and the current address.

Associate members who are not living in Haringey area please **Call** to Centre for registration (not necessary to come); if we have spare tickets left after 1 week, we will notify and distribute the tickets for those who have registered with us. ***If members cannot attend the event on 02.02.20, please inform us before 31.01.20, all tickets CANNOT be transferred to anyone personally and the cancelled ticket will be given to someone who is on the waiting list.** The Full price lunch ticket is £25 per person, members who wish to buy these tickets, please contact HCC. (HCC reserve the right of the final decision to distribute the tickets)

Many Thanks to those who have made donations!

(Names are not in any specific order and apologies if any names have been missed) ❤️

The following names are those who have made donations between June and December 2019: Lee Pitkin, Mrs Leong £200, PSia-Robey £50, KOLee £30, CYip £100, YTChow £140, YChong £50, LKNg £20, MSLeung £20, WYShem £20, KChan £6.5
Gifts: SITam, FKChan, CYip, MLee, YTChow, WWong, BRice, CLLee 🐷

Advice Services Due to the Haringey Council Home for Haringey's Housing Related Support Contract Funding terminated. From August 2019 anyone using the advice services have to donate minimum £5 per half hour etc. for the utilities cost.

Be sure to provide true information when using this service. We do not provide advice or help on immigration issues, business related matters, assistance on getting a mortgage/credit reference or as a guarantor.



Smart Phone Class The problem of mobile phones encountered by most elderly people in the smart phone class is that the younger generation at home has no time and no patience to teach them, which makes them feel that they can't keep up with the times and fear contact with mobile phones. In view of this and the request of the public, our Centre hopes to solve doubts for you, so that you can continue to be happy with your family and friends!

Therefore, this loving smart phone class for everyone every Tuesday from 11:00 to 12:30. If you are interested, please register by ***every Friday.**

Each class: £3 per person

NEWSLETTER

English Version-Jan to Jun 2020

夏靈基
華人中心 訊

HARINGEY CHINESE CENTRE

211 Langham Road, London, N15 3LH

Tel: 020 8881 8649

haringeychinesecentre@outlook.com

www.haringeychinesecentre.org.uk

Opening hours: Mon-Fri 10:00-17:00

Chair: Ms Men Lin Chen

Centre Manager: Mr Raymond Yip

Charity number : 1051778

According to the new General Data Protection Regulation ("GDPR"), that comes into effect May 25, 2018.

To help comply with GDPR consent requirements, we need to confirm that you would like to receive content from us. We hope that our content is useful to you.

If you do not like to continue hearing from us, please let us know.



Our Services

Advice Service

Women / Dancing /
Tai Chi Class

Chinese School /
Tuition Class

Acupuncture & Massage
booking



Women's Group English Class

English Class starts at 13.30 every Wednesday and the teacher teaches the skills of English communication, development of reading, listening, speaking and writing skills, improving grammar and vocabulary practice.

Members are free.

**Please remember that
the clocks go
forward 1 hour on the
29th March 2020**

Professional Acupuncturist & Chinese Medicinal Service by Dr Sam Ma

Appointment must be pre-booked and each treatment is about 45-60 minutes.

(If you fail to attend an appointment or cancel without giving 24 hours notice, the full session fee will be applied.)

Acupuncture Service by Sam Ma: Monday 10:00-18:00, Thursday 09:30-12:00 and Friday 10:00-17:00

For professional Tui Na Massage by Ms Naoko: Tuesday 10:00-12:00, Wednesday 10:00-13:00

Fee for each session £40, for non-member £50. Packages of 5 - £180 for members over the age of 65, no valid date for the package.

Other than telephone booking, you can also book appointment via our website:

<http://www.haringeychinesecentre.org.uk/acupuncture-booking> (Please note that Dr Ma and HCC have the right to reserve all booking times)



Health & Wellbeing Self-care Healthy Tai-Chi Class  At a time when quality of life is constantly being improved, people are becoming more aware of health news and are always looking ways to increase their knowledge on how to improve their wellbeing. Professional Acupuncturist Dr Sam Ma voluntary teaches on how to practise tai-chi to improve physical fitness and health. Everyone welcome to join! **Monday at 6.30pm**, for member charge £5 each lesson. The fee is for Sam's travel expenses.



Health Classes Series



Health Dance takes place every Tuesday from 13:30-15:00. HCC members are charge £1 per session; non-members £1.50 per session. Everyone is welcome!

Tuition Class improves English and Maths. There are 2 classes every Saturday: the first class from 1.30-2.30pm, and the second class from 2.30-3.30pm. Each subject taught for an hour. Each student costs £10 for each subject per session.

Payments are taken in advance; if after payment, there is any reason the student cannot attend, no refund will be made. If parents are interested and would like their children to join, please call HCC for enrolment. Also, the current tuition teacher Mr Lim has set up a GCSE and A Level Physics tuition class (including Year 10 students). For more details, please contact Mr Lim.



The IGCSE Award This year's Chinese School Edexcel IGCSE results demonstrated that our students have once again achieved high grades, which is inspiring to everyone! 10 students attended the June Exams and 7 of them have achieved Marks 7 to 9. Thanks to all teachers, students and parents for their hard work.



The Monitored Dosage System & Pharmacy Collection Free Service is specifically offered to the older people or those who are taking long-term medication, so that they can separate and take their medication safely and effectively. It allows them to clearly organise each tablet and easy to know if they have missed a session and avoid situations of taking the wrong medication. The packaging can be thrown away/dispose once finished with. If necessary, HCC will get in touch with professional chemists who can explain the use of the medication, so they can be reassured and that all their details will be kept confidential!



*Wishing all of our Members
a Happy  New Year!
from our Management Committee Members & Staff*

Online Shopping Fundraising, Donations Now Raised £1268.29

Thanks to everyone and keep supporting!

You do not have to spend extra and can raise money towards Haringey Chinese Centre/Chinese School

By shopping through the website <https://www.easyfundraising.org.uk/causes/haringeychinesecentre/>, companies will give a fixed percentage of donations to be transferred to HCC's account. Also, use the **Easysearch search engine for a donation**. By using www.easysearch.org.uk each time to search for information, can help HCC gain half a penny as donation. Even though it might not seem like a lot, but over time, it will soon pile up!

*If you have any queries about registering on the website, please feel free to call HCC, where we will teach you the steps for free how to register on the website for online shopping.



USER SURVEY

All questionnaires will remain for reference and data records for improving services in future. Please return to Centre after completion. (Please fill in the box ✓ number)

	Satisfaction	Dissatisfied	Opinion
(1) Overall activities and services?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(2) The customer service?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
(3) Any other activities or services needed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you have any comments, feedback or suggestions of activities or services, please fill in your name and contact information here

2020 Holidays: Please note: Itinerary and attractions will depend on time, route, and transport situation and other unexpected factors to change as necessary. Please understand and be on time. Also, according to the law, coaches do not allow babies to sit on parents or carers lap. *For all day trips, there will be no refunds after purchasing; you may transfer tickets to a friend but MUST inform HCC to change the records. All departure and arrival points will be at outside the Costa coffee shop (opposite the Turnpike Lane Station), any changes will be informed & the return destination is also near Turnpike Lane Station & *No one is allowed to get off at halfway.*

**** The tours arranged by our Centre are all organized by travel agencies. Due to the recent closure of major travel agencies, if any accident occurs of the travel agency, our Centre cannot compensate the tour fare. We can only assist you to claim your insurance for compensation. Therefore, we suggested all travellers to purchase appropriate travel insurance for the entire trip.****



(1) Eastern Europe: Eight Nations 9-Days Tour - £499.00 per person (Date: 10th - 18th April 2020)

{*For more travel details, please see attached pages*}

****If less than 30 people sign up, this holiday will not go ahead***

Price includes: 1. Luxury tour bus and full-time foreign driver, 2. Buffet breakfast + accommodation for three-star hotel; 3. Chinese Mandarin tour guide

Price does not include: 1. Attraction tickets; 2. (4 Euros per person/day) for the guide+driver tips; 3. Single rooms: £260/person; 4. Lunch, dinner consumption; 5. Visa, hotel network charges

Itinerary: Day 1 - London → Paris (all day) April 10th, at 08:00 meet up at outside the Costa Coffee Shop opposite the Turnpike Lane station, 08:15 departure to Dover Port, to catch up with the ferry. Crossing the English Channel, the tour guide will wait at the port of Caledon, France, and then travelled through the French countryside to Paris. After dinner, stay at the hotel and enjoy free time the first beautiful evening after arriving in continental Europe.

Day 2 - Paris → Luxembourg → Frankfurt (all day) April 11th, after breakfast then depart for Luxembourg, visit the city's Adolphe Bridge, the canyon, the Constitution Square and other attractions; then travel to Frankfurt, overnight in Frankfurt.

Day 3 - Frankfurt → Nuremberg → Prague (all day) April 12nd, travel to Prague via Nuremberg, after arriving in the afternoon, visit Prague Castle, St. Vitus Cathedral, the Golden Alley and the Charles Bridge. Cross history, trace the regional customs.

Day 4 - Prague - Bratislava - Budapest (all day) April 13th, depart for Bratislava, the capital of the Slovak Republic, then travel to Budapest, Hungary, Heroes' Square, Fisherman's Bastion, Buda Palace

Day 5 - Budapest - Vienna (all day) on April 14th, we will go to Vienna, the capital of music: Austria, and visit the famous Schoenbrunn Palace in Vienna. Subsequent tours include the Ringstraße Boulevard, Hofburg Imperial Palace, Heroes' Square, Stephen's Cathedral, Schönbrunn Palace, the National Opera, the Municipal Park, and the Austrian Parliament Building. Stay overnight in Vienna or in the neighbouring city. (Vienna is known as the "City of Music", among which the waltz is more famous. If you are interested in the evening, we can arrange for the waltz music and dance performance at your own expense.)

Day 6 - Vienna - Salzburg - Munich (all day) April 15th, go to the ancient city of Salzburg, the former residence of Mozart in the scenic Alps. Take a trip to Munich, Germany or stay in a neighbouring city.

Day 7 - Munich - Neuschwanstein - Zurich (all day) April 16th, departure to Neuschwanstein (appearance), when you have time, you can choose to buy a ticket. Then travel to Zurich, the largest city in Switzerland, and Lake Zurich, the famous glacial lake. Overnight in Zurich or nearby cities.

Day 8 - Zurich - Rhine Falls – Lake Titisee - Paris (all day) April 17th, gathers in the city of Schaffhausen to see the imposing Rhine Falls. Then ahead to the Black Forest region of Germany, the famous Lake Titisee, the production place of the Cuckoo Clock, if you are interested, we can arrange to introduce the manufacturing process of the cuckoo clock; enjoy a rich lunch or a taste of the authentic Black Forest. Eggs, drive to Paris.

Day 9 - Paris → London (all day) April 18th, after breakfast, proceed to the port of Calais. Leaving the beautiful continent of Europe, the coach ahead to London and arrives to London around 18:00-19:00 in the evening to complete the journey.

***The full amount must be paid by 21st February, 2020, and no refund will be given after payment.**



(2) Broadstairs Beach 1 day trip on 08/08/2020 (Saturday)

Coach ticket £16 per person

***Fares must be paid by 30th May 2020 and cannot be refund.**

Visit beautiful Broadstairs for the first time and you could be forgiven for mistaking it for a Cornish fishing village. Forget the long drive to Cornwall and soak up the nostalgic seaside atmosphere closer to home at beautiful Broadstairs. This historic coastal town, set around the stunning sandy beach of Viking Bay, is full of character and never fails to charm its visitors.

The gorgeous, sandy beach of the horseshoe-shaped Viking Bay is ideal for family days out and is a popular place for water sports too. Home to Kent Surf School, it's common to see people surfing, kayaking and riding stand-up paddleboards here. For the children there is a safe tidal pool for when the tide has receded and a range of seasonal rides and entertainments.

With its traditional seaside feel, fish and chips go down well here and fresh seafood is on many menus. For a small place there are a surprising number of great places to eat and drink. Out-of-town big brand shopping is taken care of at Westwood Cross Shopping Centre, while the town itself leans towards little independent traders, including traditional hardware store, several art galleries, antiques shops and even has its own boutique cinema.

Departure time: Meeting at **8:30am**, leaving at **8:40am**

Return trip: From Broadstairs at **17:00**, arriving at Turnpike Lane at approx. **19:30**

****If less than 40 people sign up, this holiday will not go ahead.***

